

FLASH Radiation Oncology: Hype or Hope



Schuiten: L'Experience Cruciale

Prof. Dr. Dirk Verellen

AReRO group – Antwerp University



Universiteit
Antwerpen



What's the fuzz all about?

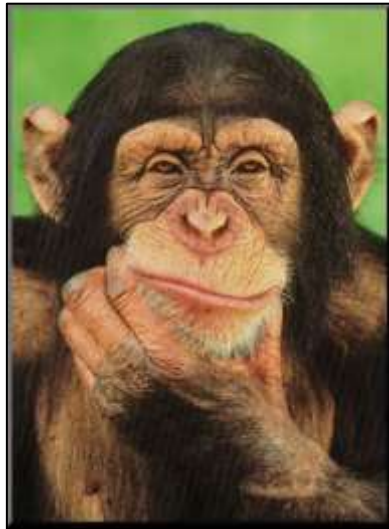
- Introduction of high energy photons
- Introduction of CT and dose calculation
- Introduction of IMRT
- Introduction of IGRT, SBRT, ART, ...
- Introduction of protontherapy
- Introduction of MRI-linac
- Introduction of PET-linac
- ...
- Incremental steps ... evolution ...



Definition of FLASH

- Oxford Dictionary:

“to shine in a bright but brief way”



- Radiobiology: “Flash”
- Physics: “Ultra-High Dose Rate”

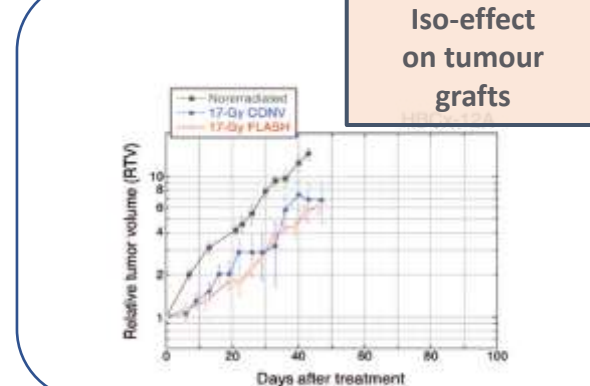
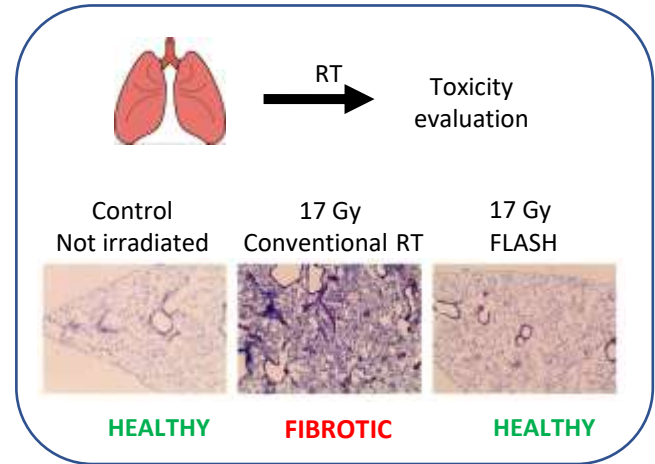
What's the fuzz all about?

www.ScienceTranslationalMedicine.org 16 July 2014 Vol 6 Issue 245 245ra93

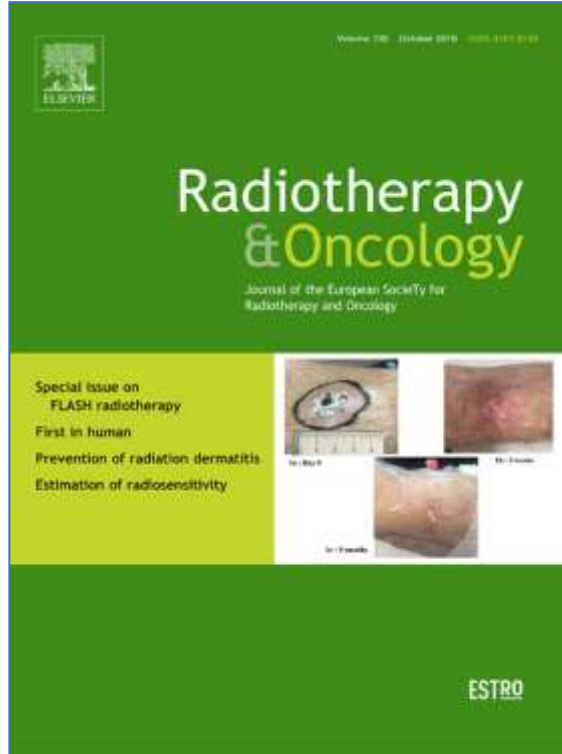
Ultrahigh dose-rate FLASH irradiation increases the differential response between normal and tumor tissue in mice

Vincent Favaudon,^{1,2*} Laura Caplier,^{3†} Virginie Monceau,^{4,5†} Frédéric Pouzoulet,^{1,2§} Mano Sayarath,^{1,2†} Charles Fouillade,^{1,2} Marie-France Poupon,^{1,2]} Isabel Brito,^{6,7} Philippe Hupé,^{6,7,8,9} Jean Bourhis,^{4,5,10} Janet Hall,^{1,2} Jean-Jacques Fontaine,³ Marie-Catherine Vozenin^{4,5,10,11}

¹Institut Curie, Centre de Recherche, 91405 Orsay, France; ²INSERM U1012, 91405 Orsay, France; ³Pathology Laboratory, Ecole Nationale Vétérinaire d'Alfort, Université Paris-Est, 94004 Maisons-Alfort, France; ⁴Université Paris-XI, 91405 Orsay, France; ⁵INSERM U1010, Institut Gustave-Roussy, 94805 Villejuif, France; ⁶Institut Curie, Centre de Recherche, 75248 Paris 05, France; ⁷INSERM U900, 75248 Paris 05, France; ⁸Moses ParisTech, 77305 Fontainebleau, France; ⁹ICMRS, UMR144, 75248 Paris 05, France; ¹⁰Radio-Oncologie Radiothérapie, Centre Hospitalier Universitaire Vaudois, 1011 Lausanne, Switzerland; ¹¹INSERM U1067, Commissariat à l'Energie Atomique (CEA), Division des Sciences du Vivant (DSV), Institut de Radiobiologie Cellulaire et Moléculaire (IRCM), 92285 Fontenay aux Roses, France; ^{*}Corresponding author. E-mail: vincent.favaudon@curie.fr



What's the fuzz all about?



- “Remarkable healthy-tissue sparing properties without impacting the overall treatment efficacy ...
- ... in a number of pre-clinical studies”



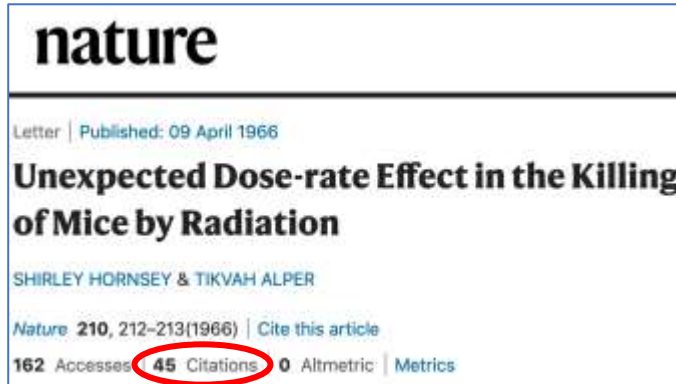
- *Differential effects between normal and tumour tissue*
- *Increase dose without further harming surrounding healthy tissue*

Is it new?

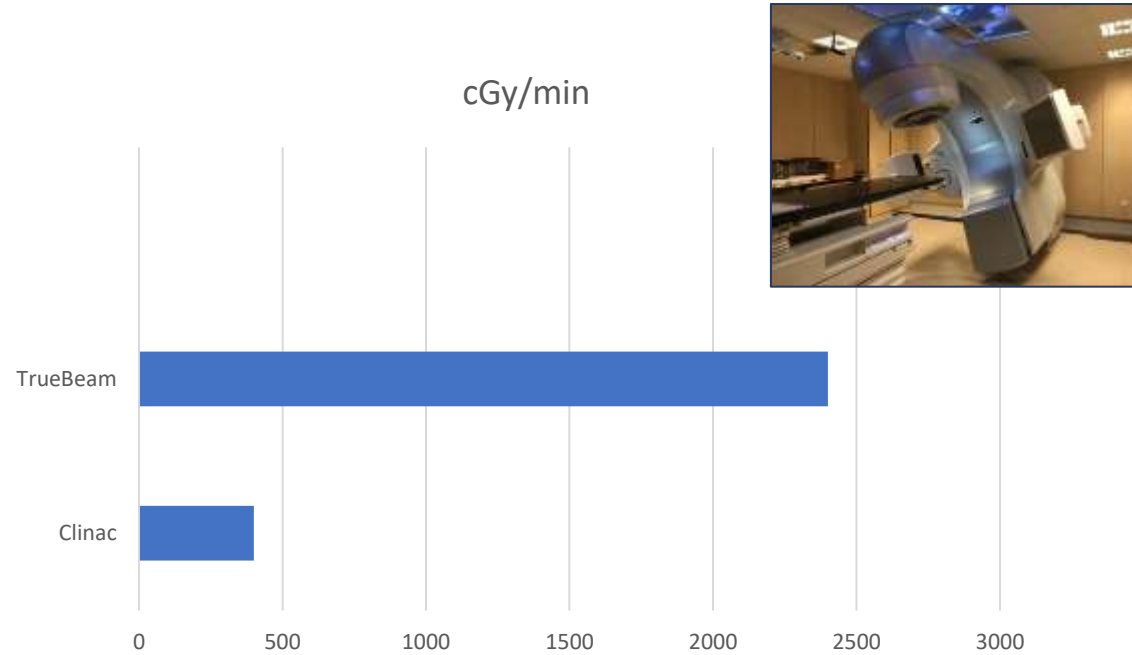
- Normal tissue sparing by “FLASH”
(the term was coined by Favaudon et al.)
had already been described in ... **1966!**



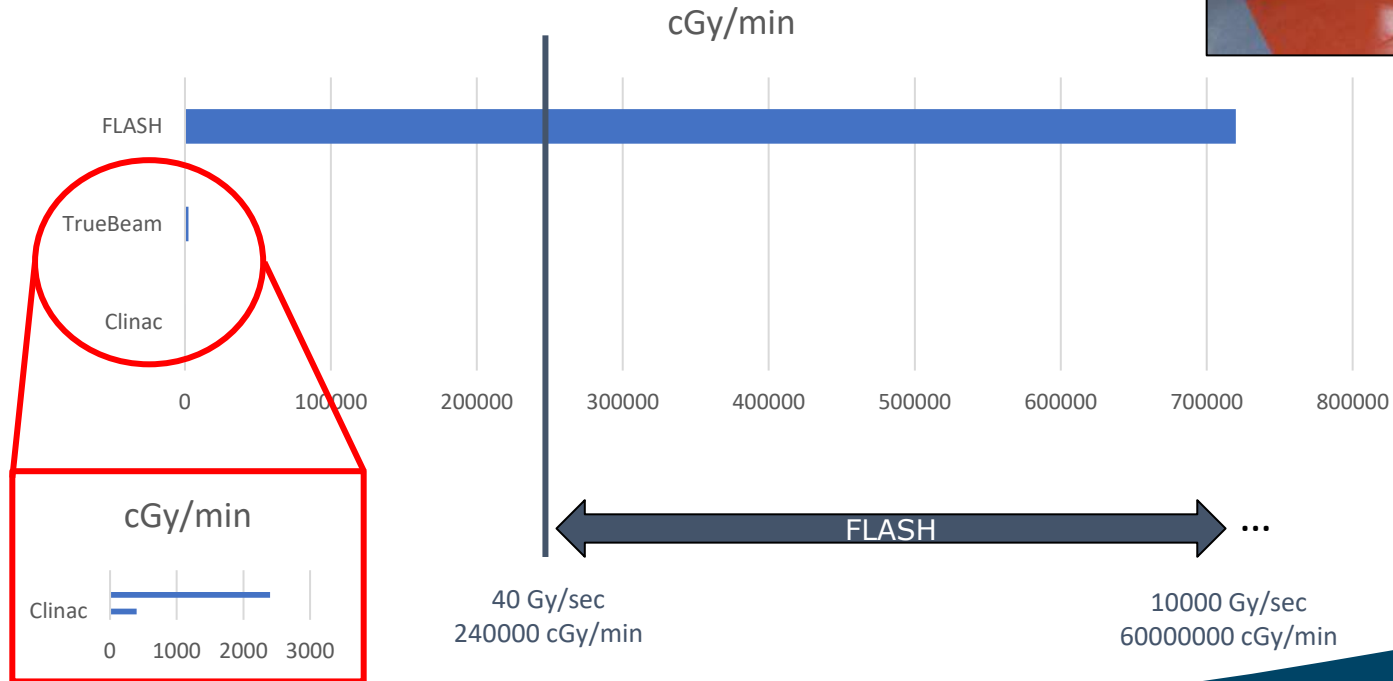
- Hornsey S, Alper T. Unexpected dose-rate effect in the killing of mice by radiation. *Nature*, 1966; 210: 212-213.



It's all about dose rate

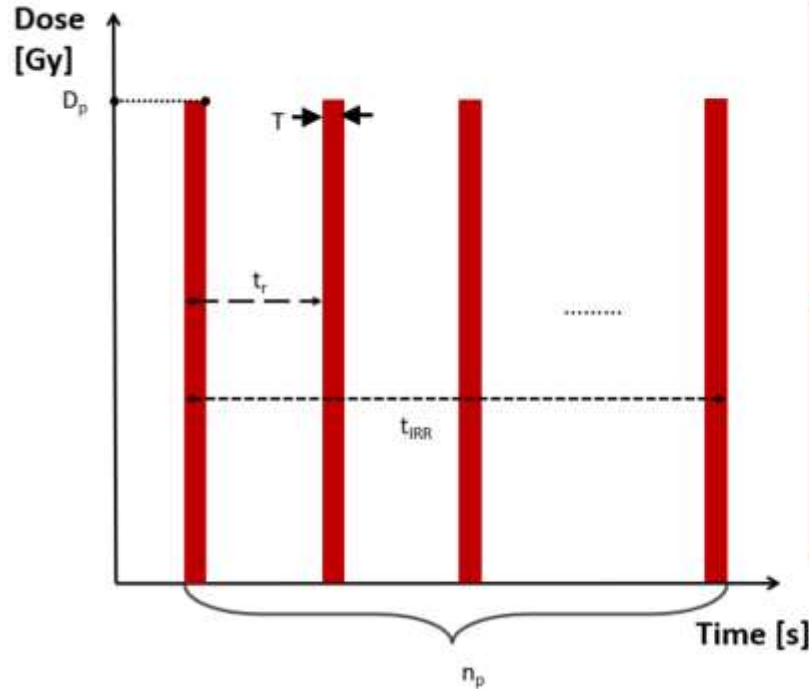


It's all about dose rate ... not dose



... but it's more complicated ...

Temporal beam structure and dose rates



T Pulse width [s]

D_p Dose per single pulse [Gy]

PRF Pulse Repetition Frequency [Hz]

n_p number of pulses

t_r time between two pulses = $1/PRF$ [s]

t_{IRR} total irradiation time = $\frac{n_p - 1}{PRF} + T$ [s]

DR Average dose rate [Gy/s]

$$DR = \frac{\text{Tot Dose}}{t_{IRR}} = \frac{n_p \cdot D_p}{t_{IRR}} \approx D_p \cdot PRF$$

IDR Instantaneous dose rate [Gy/s]

$$IDR = \frac{D_p}{T}$$

Challenges: Delivery

- Photons, protons, electrons?
- 1 beam, multiple beams, spot scanning, ...
..., rotational, non-coplanar, IOeRT ?
- Trade off:
 - dose rate versus plan conformality?
- Total dose, fractionation, dose per fraction?
- Motion management, IGRT:
 - “freeze the anatomy”?
- Reproducibility?????
- Dose calculation and Treatment Planning System
- Beam monitoring and control!!!!



Challenges: Delivery

Experimental Platform for Ultra-high Dose Rate FLASH Irradiation of Small Animals Using a **Clinical Linear Accelerator**

Emil Schüler, PhD,* Stefania Trovati, PhD,* Gregory Kinnear, PhD,* Frederick Lartey, PhD,* Marjan Rafat, PhD,* Maximilian A. Joe Praxel,* Billy W. Loo, Jr, MD, PhD,* and Peter G. Maxim, PhD*[†]

*Department of Radiation Oncology and [†]Stanford Cancer Institute, Stanford University School of Medicine, Stanford, California

Linacs

X-rays can trigger the FLASH effect: Ultra-high dose-rate synchrotron light source prevents normal brain injury after whole brain irradiation in mice

Pierre Montay-Gruet^{a,2}, Audrey Bouchet^b, Maud Jaccard^c, David Patin^c, Raphael Servais^{b,4}, Warren Aim^b, Kristoffer Petersson^{a,5}, Benoit Petit³, Claude Bailat³, Jean Bourhis², Elise Pignatelli^{a,1}, Marie-Catherine Vozenin^{a,1}

^aDepartment of Radiation Oncology (DRG)/Radio-Oncology (LHO), University of Grenoble Alpes, 38000 Grenoble, France; ^bInstitute of Radiation Physics, University of Grenoble Alpes, 38000 Grenoble, France; ^cEuropean Synchrotron Radiation Facility, Grenoble, France; ^dESRF, European Synchrotron Radiation Facility, Grenoble, France

X-rays

Very high-energy electron (VHEE) beams in radiation therapy; Treatment plan comparison between VHEE, VMAT, and PPBS

Emil Schüler
Department of Radiation Oncology, Stanford School of Medicine, Stanford University, Stanford, CA, USA
Kjell Eriksson and Elin Hyming
Research Laboratories AB, Stockholm, Sweden
Steven L. Hancock, and Susan M. Hinkler
Department of Radiation Oncology, Stanford School of Medicine, Stanford University, Stanford, CA, USA
Magdalena Bazalova-Carter
Department of Physics and Astronomy, University of Victoria, Victoria, BC, Canada
Tony Wong
Seattle Cancer Care Alliance Proton Therapy Center Seattle, WA, USA
Quynh-Thu Le, Billy W. Loo Jr.,[§] and Peter G. Maxim[§]
Department of Radiation Oncology, Stanford School of Medicine, Stanford University, Stanford, CA, USA

Towards VHEE

Biology Contribution

Experimental Set-up for FLASH **Proton** Irradiation of Small Animals Using a Clinical System

Annalisa Patriarca, PhD,* Charles Fournier, PhD,* Michel Auger, MSc,* Frédéric M. Pouzoulet, PhD,* Catherine Nauraye, PhD,* Sophie L. Mich, PhD,* Vincent Favaudon, PhD,* Samuel Meyroneinc, MSc,* Rémi Dendale, MD,* Alejandro Mazal, PhD,* Philip Poortmans, MD, PhD,* Pierre Verrelle, MD, PhD,*[§] and Ludovic De Marzi, PhD*

Protons

International Journal of
Radiation Oncology
biology • physics

www.redjournal.org

Challenges: Delivery

- Proton experiments: IBA



Institute Curie – France



UPENN - USA

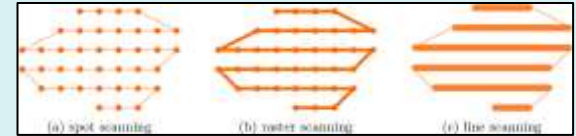


UMCG – The Netherlands

- Proton experiments: Varian



Question:
How to define UHDR in
spot scanning delivery?



Challenges: Delivery

Commercial electron machines



<http://pmb-alcen.com>

Mobetron® Clinical Electron EBRT System



<http://intraop.com>



<http://soiort.com>

Challenges: Delivery

- Collaboration Iridium/UA – SIT on pre-clinical research

- ElectronFLASH: prototype serial number 2
- Real-time control of energy & output
- 5, 7, 9, 10, 12 MeV Electrons
- Average dose rate: 0.005 – 10,000 Gy/s
- Pulse height (Dose Per Pulse): up to 40 Gy/pulse
- Pulse width: 0.5 – 4.0 μ s
- Pulse Rate Frequency: 1- 350 Hz



Challenges: Physics

- Dose measurement (ultra high dose per pulse)?
 - Ion chambers: the golden standard????
 - Radiographic film: the current standard????
 - Alanine
 - Scintillators
 - Ultra thin ionization chambers
 - microDiamond
 - 2D OSL
 - ...
- Traceability!!!
- Real-time output and energy monitoring?
- Dose calculation?
- Motion management (freeze the anatomy ...): IGRT!!!



Challenges: Physics



The more rigorously we test early phase trials, the more success we can expect later with larger, multi-institutional trials.



Dose traceability

- Primary Standard Dosimetry Laboratories
- Infrastructure for QA
- International standards, and Codes of Practice

Absolute dosimetry

- Accurate and precise
- Reproducible
- AAPM ESTRO EFOMP Task group 359
- Codes of Practice (guidelines AAPM, ESTRO, IAEA)

Beam monitoring

- Output and energy stability
- Treatment interruption and restart
- Patient positioning, IGRT (freeze the anatomy), modulation

QA for clinical trials

- Machine independent QA
- Machine validation for FLASH effect
- Pre-treatment and in vivo dosimetry

An example: absolute dosimetry

High dose-per-pulse electron beam dosimetry — A model to correct for the ion recombination in the Advanced Markus ionization chamber

Kristoffer Petersson,¹ Maud Jaccard, Jean-François Germond, Thierry Buchillier, and François Bochud

Physics in Medicine & Biology



ACCEPTED MANUSCRIPT

Physics and biology of ultrahigh dose-rate (FLASH) radiotherapy: topical review

To cite this article before publication: Nolan Matthew Esplen et al 2020 Phys. Med. Biol. in press <https://doi.org/10.1088/1361-6560/ab9600>

www.ncbi.nlm.nih.gov/pmc/articles/PMC7388881/

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OPEN The challenge of ionisation chamber dosimetry in ultra-short pulsed high dose-rate Very High Energy Electron beams

M. Esplen^{1,2}, K. Petersson^{1,3}, H. G. Lee¹, W. Parabolini^{1,4}, A. Gilard¹, S. Kaye¹, H. Petersson^{1,3} & A. Saleh^{1,3}

A new model for volume recombination in plane-parallel chambers in pulsed fields of high dose-per-pulse

M. Getz^{1,3}, L. Karsch^{1,3} and J. Pawelke^{1,2,3}

¹ OncRay-National Center for Radiation Research in Oncology, Faculty of Medicine and University Hospital Carl Gustav Carus, Technische Universität Dresden, Fetscherstr. 74, PF 41, 01307 Dresden, Germany

² Institute of Radiation Physics, Helmholtz-Zentrum Dresden-Rossendorf, Bautzner Landstraße 400, 01328 Dresden, Germany



FLASH Radiotherapy with electrons: issues related to the production, monitoring and dosimetric characterization of the beam

Fabio Di Martino¹, Patrizio Barca¹, Salvatore Barone², Eleonora Bortoli¹, Rita Borgheresi¹, Silvia De Stefano², Massimo Di Francesco², Luigi Grasso², Stefania Linsalata¹, Daniela Marfisi¹, Matteo Pacitti² and Giuseppe Felici²

RESEARCH ARTICLE

MEDICAL PHYSICS

Development of an ultra-thin parallel plate ionization chamber for dosimetry in FLASH radiotherapy

Faustino Gómez^{1,2} | Diego M. Gonzalez-Castaño² | Nicolás Gómez Fernández² | Juan Pardo-Montero^{3,4} | Andreas Schüller⁵ | Alessia Gasparini^{6,7} | Verdi Vanreusel^{6,7,8} | Dirk Verellen^{6,7} | Giuseppe Felici⁹ | Rafael Kranzer^{10,11} | Jose Paz-Montero¹²

RESEARCH ARTICLE

MEDICAL PHYSICS

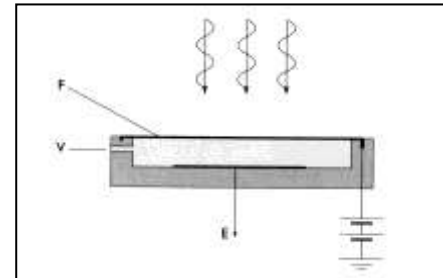
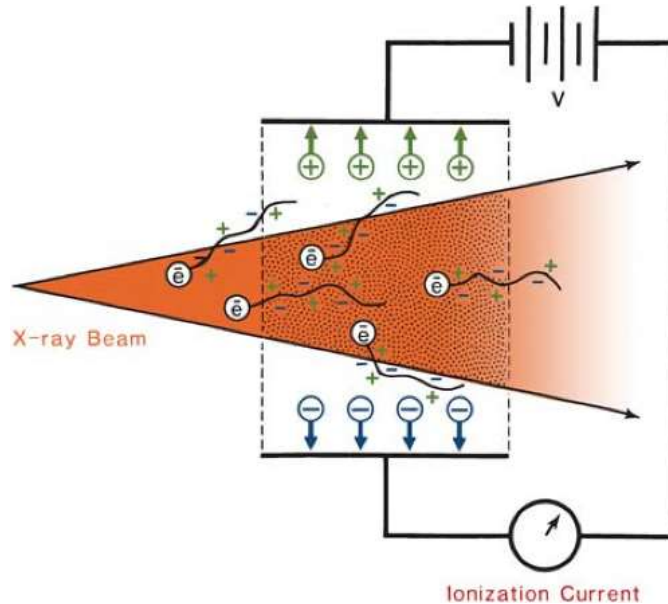
Design, realization, and characterization of a novel diamond detector prototype for FLASH radiotherapy dosimetry

Marco Marinelli¹ | Giuseppe Felici² | Federica Galante² | Alessia Gasparini^{3,4} | Lucia Giuliano⁵ | Sophie Heinrich⁶ | Matteo Pacitti² | Giuseppe Prestopino¹ | Verdi Vanreusel^{3,4} | Dirk Verellen^{3,4} | Claudio Verona¹ | Gianluca Verona Rinati¹



An example: absolute dosimetry

- The basics ... $k_s - k_{pol}$



An example: absolute dosimetry



- Dose Rate (DR): 1.0 – 24.0 Gy/min
- Pulse Rate Frequency (PRF): 200 – 400 Hz
- Dose/pulse (DR [Gy/sec]/PRF):
 - ~ 0.0001 – 0.002 Gy/p
 - Varian TB 6FFF: 0.00065 Gy/p
 - Varian TB 10FFF: **0.00111 Gy/p**



- Dose Rate (DR): 2.0 – 20 Gy/min
- Pulse Rate Frequency (PRF): 5 – 40 Hz
- Dose/pulse:
 - ~ **0.004 - 0.050 Gy/p**

An example: absolute dosimetry

Absorbed Dose to water according to IAEA TRS 398 formalism

Absorbed dose to water at the reference depth z_{ref} in water for a reference beam of quality Q_0

$$D_{w,Q} = M_Q \cdot N_{D_{w,Q_0}} \cdot k_{Q,Q_0}$$

$$M_Q = M' \cdot \prod_i k_i = M' \cdot k_{T,P} \cdot k_H \cdot k_{pol} \cdot k_s \quad M' \text{ measured signal}$$

k_{Q,Q_0} Factor to correct for the difference between the response of an ionization chamber in the reference beam quality Q_0 used for calibrating the chamber and in the actual user beam quality, Q .

k_s Factor to correct the response of an ionization chamber for the lack of complete charge collection (due to ion recombination).



chamber type	interelectrode spacing (cm)	polarization (V)
PTW Roos	0,2	200
PTW Adv. Markus	0,1	400
IBA PPC 05	0,06	300

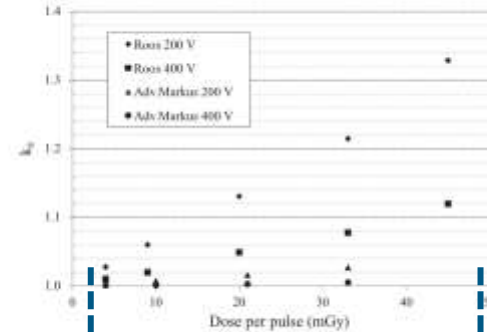


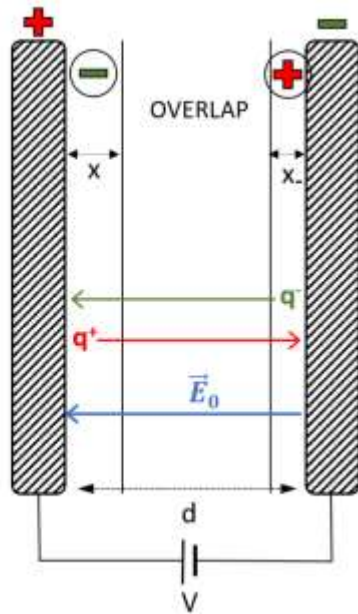
Fig. 4. Dependence of k_s on both the polarizing voltage V_p and the ionization chamber type. $V_p/V_0=4$. The electrode spacing (d) is 2 mm for the Roos chamber and 1 mm for the Advanced Markus.

LiAc HWL

Only 0.05 Gy/p!!!
What about 40 Gy/p???

An example: absolute dosimetry

- Recombination effect ... and ... self shielding



d : interelectrode distance

V : applied voltage

E_0 : electric field ($E_0 = V/d$)

Research paper

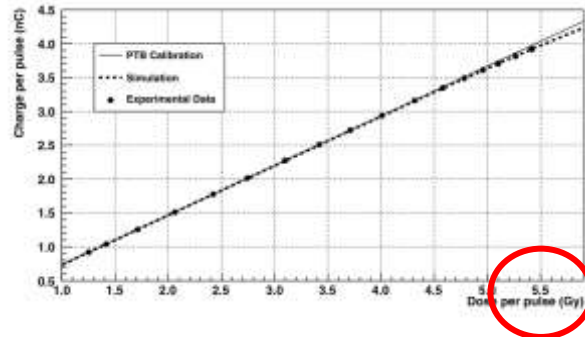
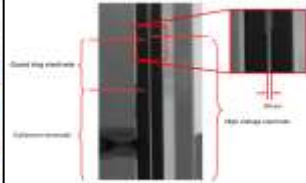
A new calculation method for the free electron fraction of an ionization chamber in the ultra-high-dose-per-pulse regimen

Fabio Di Martino^{1,2,4}, Damiano Del Sarto², Salvatore Barone⁵, Maria Giuseppina Bisogni^{2,3,4}, Simone Capaccioli^{2,3}, Federica Galante⁵, Alessia Gasperini^{6,7}, Giulia Mariani⁵, Matteo Pacitti⁵, Fabiola Paiar^{2,4,8}, Jake Harold Pensavalle^{3,4}, Francesco Romano⁹, Stefano Ursino^{2,4,8}, Verdi Vanreusel^{6,7}, Dirk Verellen^{6,7} and Giuseppe Felici⁵

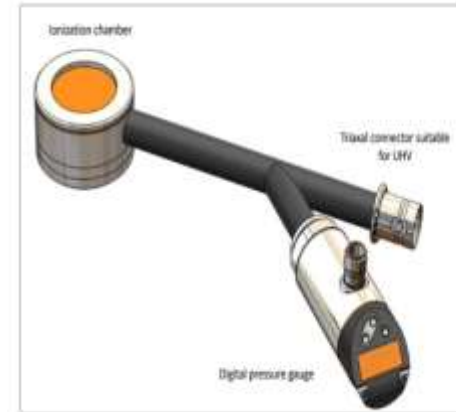
An example: absolute dosimetry

- Recombination effect ... and ... self shielding:

Ultra-Thin IC



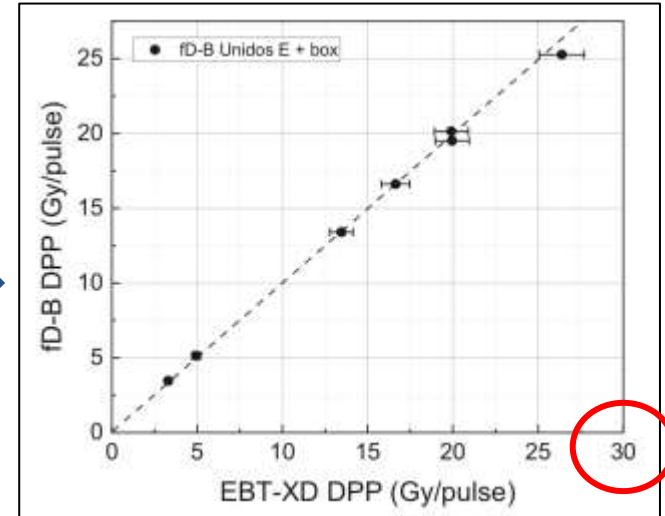
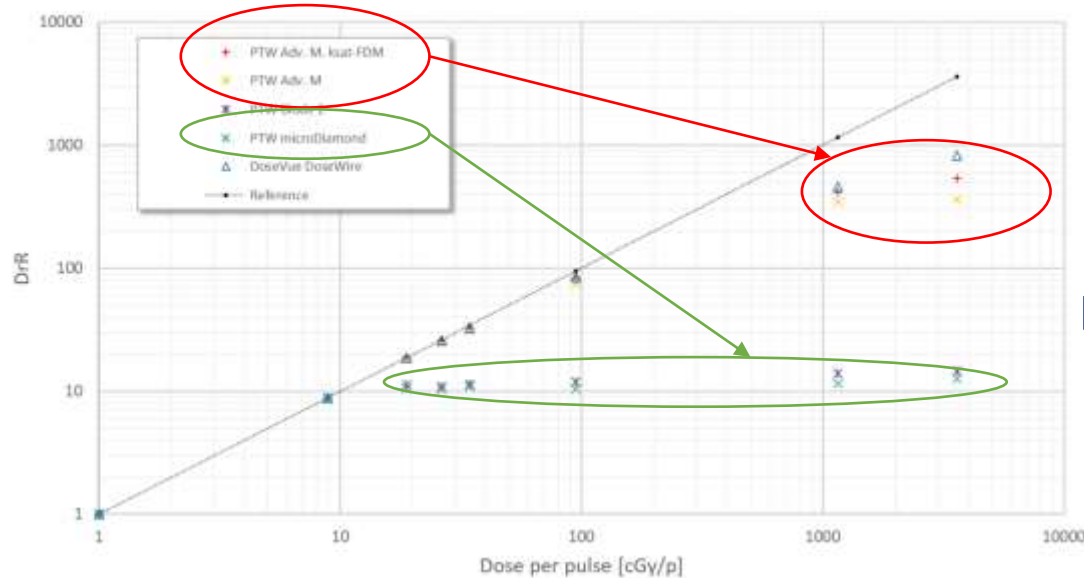
ALLS, nobel gas IC



Di Martino F *et al* Physica Medica 2022 (subm)

An example: absolute dosimetry

- From microDiamond towards FLASH Diamond

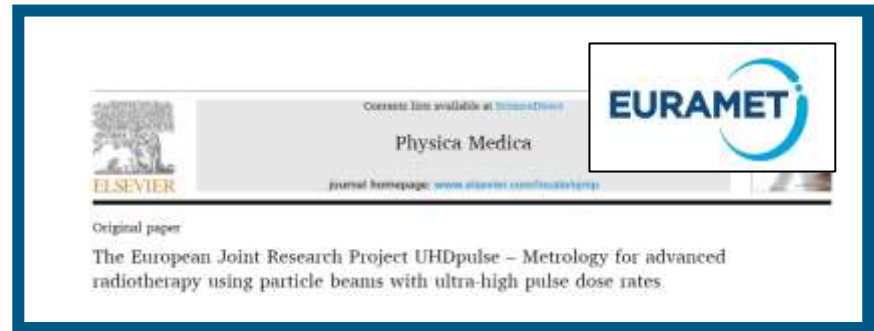
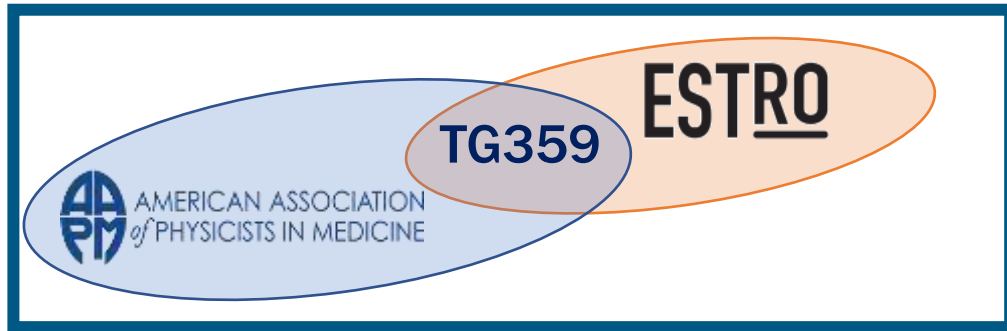


DrR: Dosimeter reading Ratio

Di Martino et al Appl Sci 2020

Marinelli et al Med Phys 2022

International collaborations



Challenges: Radiobiology

- Understanding the underlying mechanism
 - **Hypoxia**: radiochemical depletion of oxygen making normal tissue hypoxic?
 - Doubling oxygen concentration seems to reverse FLASH effect (Neurocognitive experiment, Montey-Gruel *et al.*)
 - Modulation of inflammatory cytokines?
 - Differential **immunological responses** between tumour and normal tissues?
 - Are the above **downstream effects or independent mechanisms**?
 - What about **late effects**?
 - Controlled studies – independent verification?



Some hypotheses ... so far

Hypotheses	In support	Against	NT vs. Tumor
O₂ depletion	Loss of FLASH effect with increased O ₂ tension Models of O ₂ depletion	Models of O ₂ depletion.	Differential O ₂ tension between tumor and NT
ROS production (quantity or nature)	Measurements of H ₂ O ₂ production	ROS production depends on the physical absorbed dose (?)	Differential scavenging capacities of NT vs tumor
Other radiation induced –tress / metabolic pathway (NOS, Fe...)	Models	-	Differential stress response
DNA damage, cell cycle	Less DSB observed after FLASH	Direct DNA damage depends on physical absorbed dose (?)	Inefficacious DDR in tumor cells
Lipid peroxidation	Pilot experiments (unpublished data)	-	Differential lipidic membrane composition, structure, plasticity
Stem Cell pool	Numerous data in favor of a stem cell hypothesis	Cannot be a primary hypothesis Tumor stem cells	Nature of NT stem cells vs TSCs
Differential cell death	Numerous data in favor of a cell death hypothesis (apoptosis, senescence...)	Cannot be a primary hypothesis	Differential cell death pathways between NT and tumors
Vascular system	Data on the brain and tumor vasc	Cannot be a primary hypothesis	Nature and morphology of the NT vs. tumor vasculature
Immune system	Differential inflammatory response Time of exposure to immune cells	FLASH effect observed in immunocompromised animals	Differential immune response in NT and tumor tissues

Early results

- Pre-clinical



Institut Curie: Kinetron
Mean Dose Rate: 0.01 - 7500 Gy/s



Early results

Radiotherapy and Oncology (2017) <http://dx.doi.org/10.1016/j.radonc.2017.05.003>

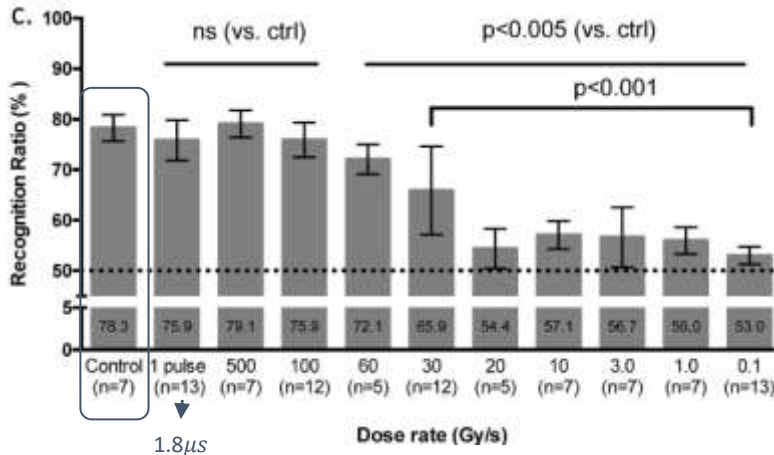
Irradiation in a flash: Unique sparing of memory in mice after whole brain irradiation with dose rates above 100 Gy/s

Pierre Montay-Gruel^{a,b,1}, Kristoffer Petersson^{c,1}, Maud Jaccard^c, Gaël Boivin^a, Jean-François Germond^c, Benoit Petit^a, Raphaël Doenlen^d, Vincent Favaudon^b, François Bochud^c, Claude Bailat^c, Jean Bourhis^{a,1}, Marie-Catherine Vozenin^{a,*,1}

^a Department of Radiation Oncology/DO/CHUV, Lausanne University Hospital, Switzerland; ^b Institut Curie, INSERM U1021/CNRS UMR3347, Université Paris-Saclay, Orsay, France;

^c Institute of Radiation Physics (IRA), Lausanne University Hospital; and ^d Faculty of Life Sciences, Ecole Polytechnique Fédérale de Lausanne, Switzerland

10 Gy in less than 100 ms – 6 MeV electrons



- Preservation of memory and learning skills
- Preservation of neural stem cells

Early results

Long-term Follow up-3y post-RT

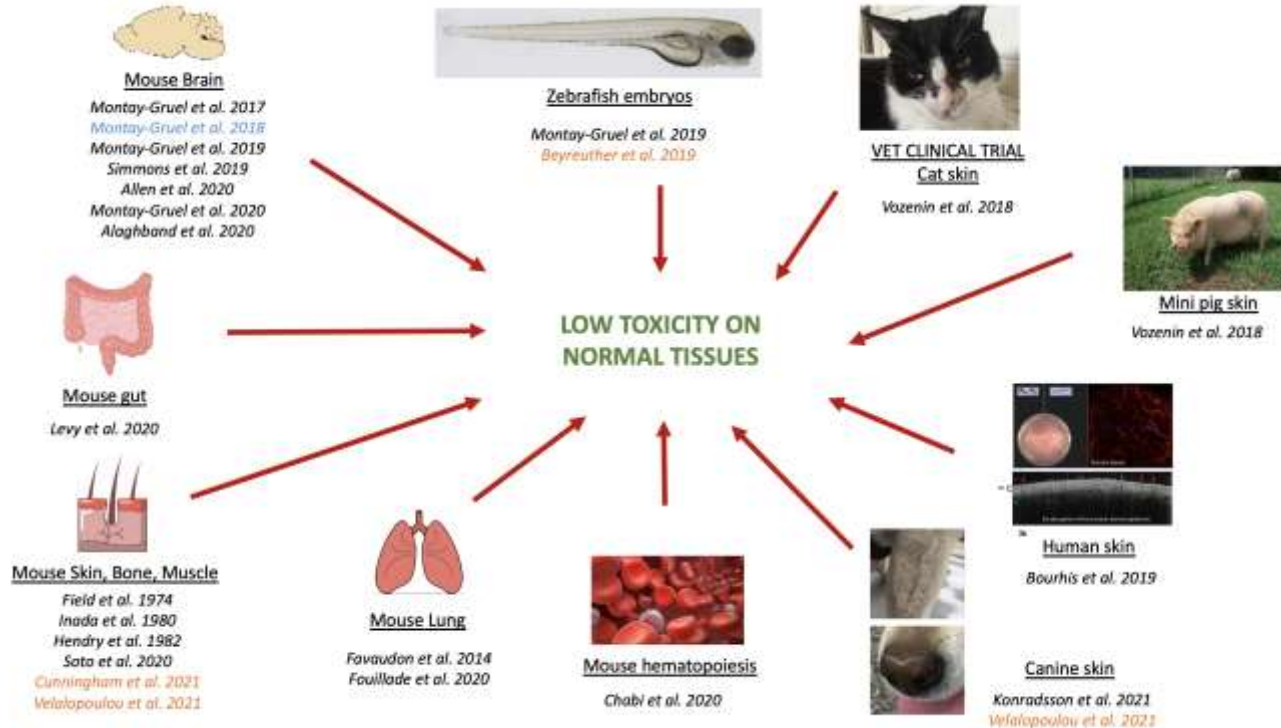
CONV

FLASH



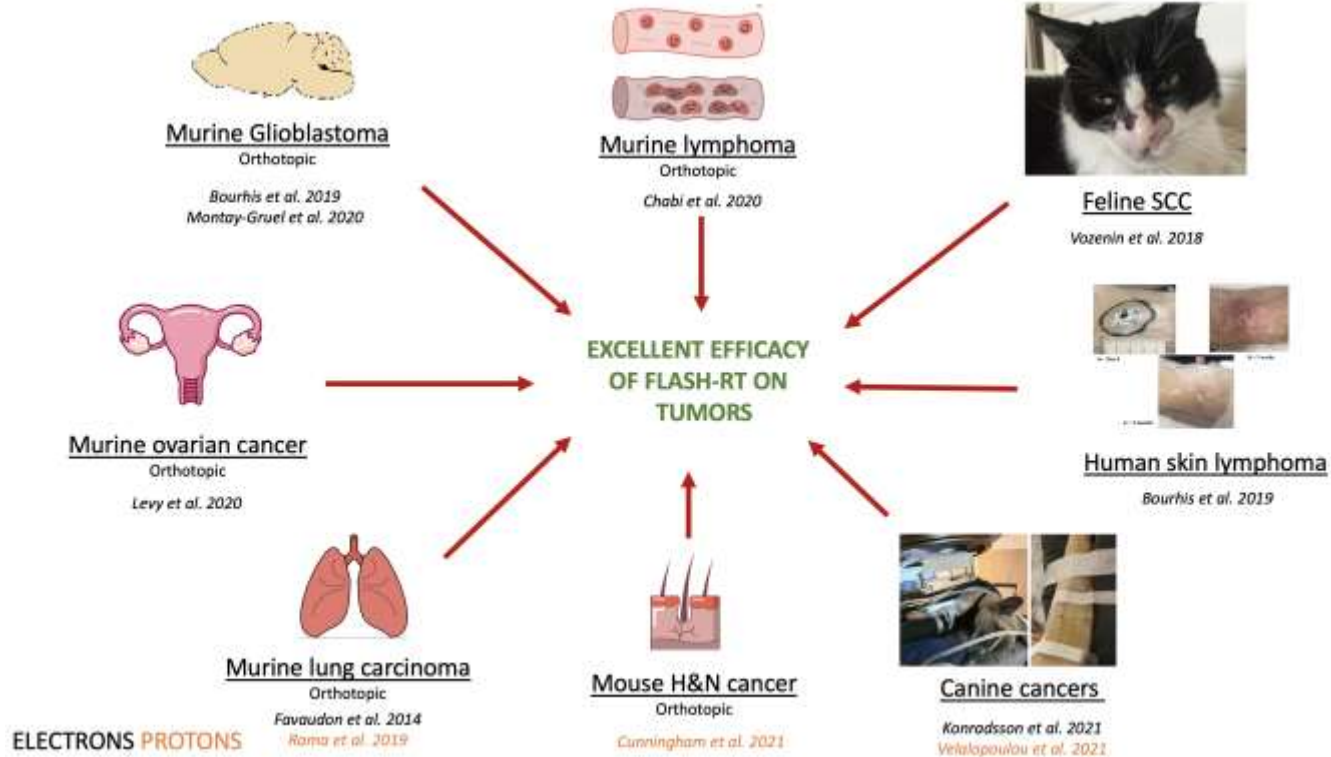
Slide courtesy MCat Vozenin

FLASH: ... toxicity



ELECTRONS PROTONS PHOTONS

FLASH: ... tumour control



Early results

- First in man



- 1 subject:
 - 95% confidence interval on an n=1 study span ... **2.5-100%**

Early results

- First in man



- 1 subject:

- 95% confidence interval on an n=1 study span ... **2.5-100%**

- 3.5 cm diameter skin tumour
 - Multiresistant CD30+ T-cell cutaneous lymphoma
- $D_p(\text{PTV})$: 15Gy in 90ms
- 5.6 MeV electrons
- Single field - single fraction
- Only grade 1 acute toxicity
- Complete tumour response

Newsflash or flash in a pan?



POINT/COUNTERPOINT

Suggestions for topics suitable for these Point/Counterpoint debates should be addressed to Habib Zaidi, Geneva University Hospital, Geneva, Switzerland: habib.zaidi@hcuge.ch; Jing Cai, The Hong Kong Polytechnic University, Hong Kong: jing.cai@polyu.edu.hk; and/or Gerald White, Colorado Associates in Medical Physics: gerald.white@nubolspring.com. Persons participating in Point/Counterpoint discussions are selected for their knowledge and communicative skill. Their positions for or against a proposition may or may not reflect their personal opinions or the positions of their employers.



FLASH radiotherapy: Newsflash or flash in the pan?

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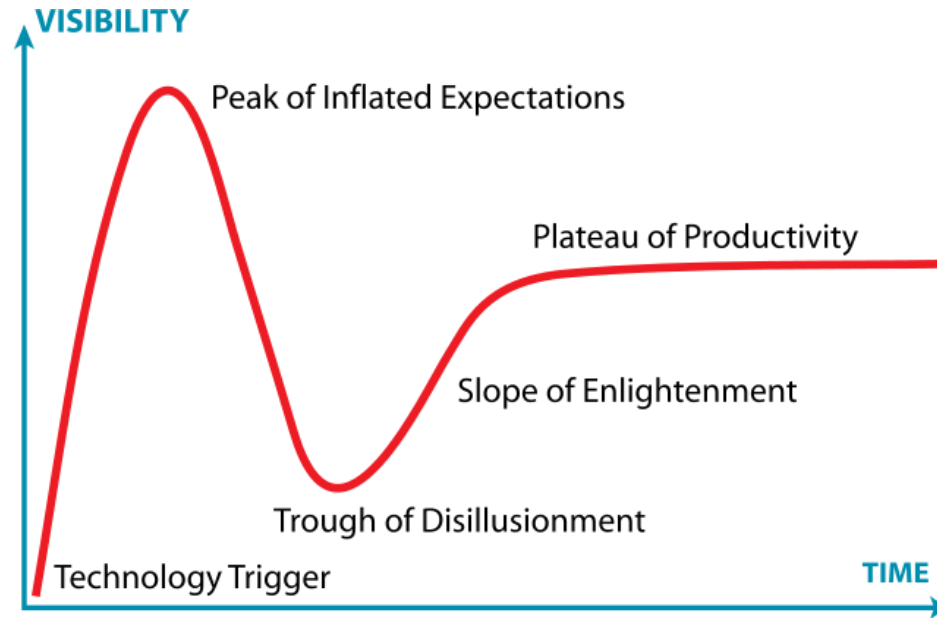
Jing Cai, Ph.D., Moderator [mailto:](#)

(Received 17 June 2019; accepted for publication 22 June 2019;
published 29 August 2019)

[<https://doi.org/10.1002/mp.13685>]

4287 Med. Phys. 46 (10), October 2019 0094-2405/2019/46(10)/4287/4 © 2019 American Association of Physicists in Medicine 4287

Hype or Hope?



UHDR and FLASH at Iridium Network / UA

Medical physics

- Detector development and implementation
- Dosimetric Framework
- In vitro and in vivo dosimetry
- Multimodality and image guidance

Radiobiology

- In vitro and in vivo models of breast cancer
- 3D cultures and organoids
- In vitro and in vivo models of skin cancer

Radiation Oncology

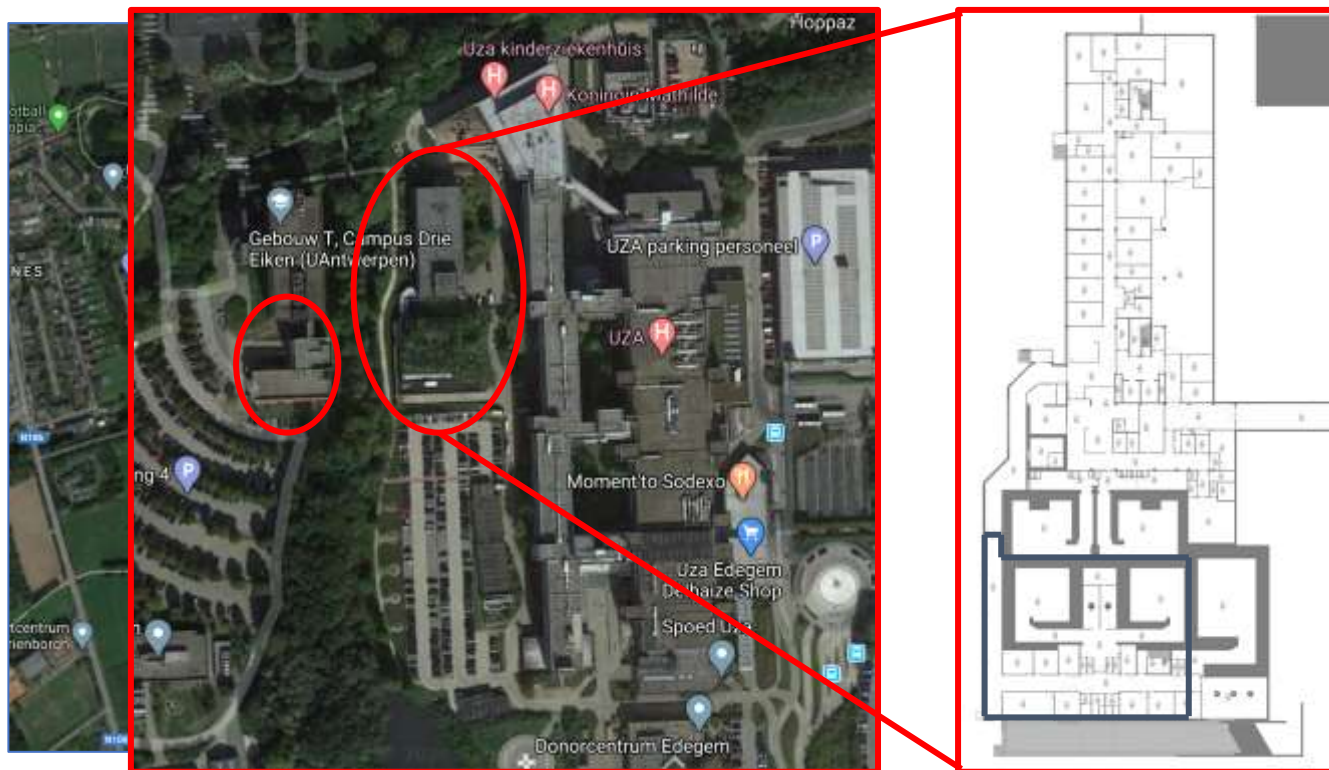
- Clinical translation of FLASH-RT (IOeRT)



ElectronFLASH (the ELF)



UHDR and FLASH at Iridium Network / UA



Safety and Radioprotection

- Ozone production

<0.01 ppm at
usual doses

0.05 ppm
with 16 kGy

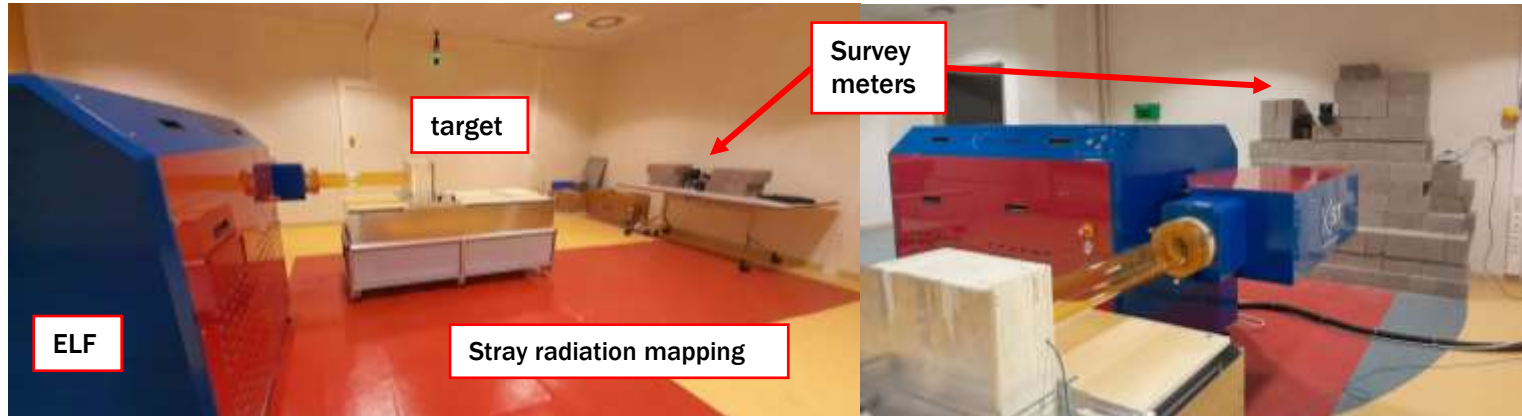
0.1 ppm
with 28 kGy



ventilation



- Radioprotection



Safety and Radioprotection

- Ozone production

<0.01 ppm at
usual doses

0.05 ppm
with 16 kGy

0.1 ppm
with 28 kGy



ventilation



- Radioprotection

- Optimal design of treatment rooms



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- Personal dosimetry (non saturating, fast responding active dosimeters)



Based on PODIUM project
H-EU CONCERT project: Personal on-line Dosimetry
Using Computational Methods



Safety and Radioprotection

- Some food for thought and how to support clinical implementation
 - On the concept of **IDR < 10 $\mu\text{Sv/h}$** ?
 - Referring to NCRP:



- It is reasonable to design a barrier to meet a weekly value equal to 1/50 of the annual shielding design goal (ie **20 $\mu\text{Sv/w}$**)
- Further scaling the shielding design goal to **shorter intervals is NOT appropriate** and may be **incompatible with the ALARA** principle
- Specifically, the use of measured Instantaneous Dose-equivalent Rate (IDR) with the linac operating at maximum output, **does NOT properly represent the true operating conditions** and radiation environment of the facility
- NCRP 151 recommends: Time Averaged Dose-equivalent Rate (TADR):
Rw and Rh

Safety and Radioprotection

- Some food for thought and how to support clinical implementation
- Long term, permanent radiation monitoring required
 - Cf IOeRT in non-shielded OR



Safety and Radioprotection

- Some food for thought and how to support clinical implementation
 - On **Treatment Dose** and **Dose Rate**:
 - Total treatment dose is not so different from conventional treatment doses and treatment fractionations.
 - From conventional fractionation to hypofractionation and ultra-hypofractionation
 - One might argue that it is another step in the evolution towards higher dose rates
 - From conventional dose rate to FFF high dose rates towards UHDR.
 - How about Workload (W)?
 - **Patient W** (Gy/w) will be comparable (or even lower compared) to current W
 - **Physics W** (Gy/w), however, might be much higher.
 - Consider performing commissioning/acceptance measurements after hours or at different (shielded) location
 - Optimizing machine QA by balancing low and UH dose rate

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