# POSTERIOR SUBCAPSULAR CATARACT: AN OCCUPATIONAL DISEASE



November 10th 2017 Dr. G. Verrijdt













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- Epidemiological evidence for X-rays as a cause of posterior subcapsular cataract (PSC)
- Diagnostical and exposure criteria for the recognition of posterior subcapsular cataract as an occupational disease
- Discussion









- Occupational disease legislation originates from workplace injury legislation, which in its turn is founded on principles of common law
- Occupational disease: <u>caused by</u> occupational activities
- Occupational diseases legislation:

Coordinated law of June 3rd 1970: "Laws concerning the prevention of occupational diseases and the compensation of damages arising from said diseases"

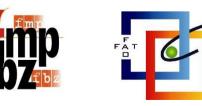








- Fund of Occupational Diseases (FOD FBZ FMP)
- Federal Institute of Social Security (OISZ IPSC)
- Sterrenkundelaan 1, B-1210 St.-Joost-Ten-Node
- - Workers in the private sector
  - Civil servants municipalities & provinces
  - (Civil servants regional & federal)
- January 2017:
  - FBZ/FMP + FAOFAT





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- Occupational diseases: some important concepts
  - 1. List of occupational diseases (art. 30)

as opposed to

2. Open Systeem/Système Ouvert (art. 30bis)









#### The Belgian list of Occupational diseases

https://www.fedris.be/nl/professional/lijsten-van-ziekten

Code Code	Benaming	Dénomination	Benennung	
Kode	Denaming	Denomination	Denemiung	
Roue				
1.1	Beroepsziekten veroorzaakt door de volgende chemische agentia	Maladies professionnelles provoquées par les agents chimiques suivants	Berufskrankheiten verursacht durch chemische Stoffe	
1.101	Arsenicum of -verbindingen	Arsenic ou ses composés	Arsen oder seine Verbindungen	
1.102	Berylium of -verbindingen	Berylium (glucinium) ou ses composés	Beryllium oder seine Verbindungen	
1.103.01	Koolmonoxyde	Oxyde de carbone	Kohlenmonoxid	
1.103.02	Koolstofoxychloride	Oxychlorure de carbone	Carbonylchlorid (Kohlenoxidchlorid)	
1.103.03	Cyaanwaterstofzuur	Acide cyanhydrique	Cyanwasserstoffsäure (Blausäure)	
1.103.04	Cyaniden	Cyanures	Cyaniden	
1.103.05	Cyanogeenverbindingen	Composés du cyanogène	Cyanogene Verbindungen	
1.103.06	Isocyanaten	Isocyanates	Isocyanate	
1.104	Cadmium of -verbindingen	Cadmium ou ses composés	Cadmium oder seine Verbindungen	
1.105	Chroom of -verbindingen	Chrome ou ses composés	Chrom oder seine Verbindungen	
1.106	Kwik of -verbindingen	Mercure ou ses composés	Quecksilber oder seine Verbindunger	
1.107	Mangaan of -verbindingen	Manganèse ou ses composés	Mangan oder seine Verbindungen	
1.108.01	Salpeterzuur	Acide nitrique	Salpetersäure	
1.108.02	Stikstofoxyden	Oxydes d'azote	Stickstoffoxide	
1.108.03	Ammoniak	Ammoniaque	Ammoniak	
1.109	Nikkel of -verbindingen	Nickel ou ses composés	Nickel oder seine Verbindungen	
1.110	Fosfoor of -verbindingen	Phosphore ou ses composés	Phosphor oder seine Verbindungen	
1.111	Lood of -verbindingen	Plomb ou ses composés	Blei oder seine Verbindungen	
[1.112.01	Zwaveligzuur vervangen door :	Anhydride sulfureux remplacé par :	Schwefligsäure	
1.112.01	Zwaveloxyden	Oxydes de soufre	Schwefligsäureanhydrid (Schwefelox	
1.112.02	Zwavelzuur	Acide sulfurique Schwefelsäure		
1.112.03	Zwavelwaterstof	Hydrogène sulfuré Schwefelwasserstoff		
1.112.04	Zwavelkoolstof	Sulfure de carbone	Schwefelkohlenstoff	
1.113	Thallium of -verbindingen	Thallium ou ses composés	Thallium oder seine Verbindungen	







#### https://www.fedris.be/nl/professional/lijsten-van-ziekten

## 1.6 xx.xx: "Diseases caused by physical agents"

1.6	Door fysische agentia veroorzaakte	Maladies professionnelles provoquées par des	Berufskrankheiten verursacht durch	
	beroepsziekten	agents physiques	physikalische Einwirkungen	
1.601	Ziekten veroorzaakt door ioniserende stralingen	Maladies provoquées par les radiations	Erkrankungen verursacht durch ionisierende	01.07.1969
1.001	Ziekten veroorzaakt door iotusetende straungen	ionisantes	Strahlung	
1602	Staar veroorzaakt door warmtestralen	Cataracte provoquée par le rayonnement thermique	Star verursacht durch Einwirkung von Wärmestrahlung	01.07.1965
1.603	Hypoacousie of doofheid ten gevolge van het lawaai	Hypoacousie ou surdité provoquée par le bruit	Durch Lärm verursachte Schwerhörigkeit oder Taubheit	01.04.1973
1.604	Aandoeningen ten gevolge van compressie of decompressie van de omringende atmosfeer	Affections provoquées par la compression ou la décompression atmosphérique	Erkrankungen verursacht durch Kompression oder Dekompression der umringenden Atmosphäre	01.07.1965
[1.605.0]	Been- en gewrichtziekten of	Maladies ostéo-articulaires ou	Erkrankungen der Knochen und Gelenken oder	01.01.19741
	vervangen door : 1.605.11 en 1.605.12	remplacé par : 1.605.11 et 1.605.12	ersetzt durch : 1.605.11 und 1.605.12	17.11.2002
1.606.21	Aandoeningen door overmatige inspanning van	Maladies dues au surmenage des gaines	Erkrankungen durch Überlastung der	15.10.1989
	peesscheden, van het weefsel van peesscheden en tendineuses, du tissu péritendineux, des		Sehnenscheiden, des peritendinösen Gewebes, der	
	van inplantingen van spieren en pezen bij de	insertions musculaires et tendineuses chez les	Muskel- und der Sehnenansätze bei Artisten,	
	schouwspelartiesten	artistes du spectacle	Instrumentenspielern und Tänzern der	
			musikalischen und künstlerischen Einrichtungen	
1.606.22	Aandoeningen van de pezen, peesscheden en	Maladies atteignant les tendons, les gaines	Erkrankungen der Sehnen, Sehnenscheiden, und	02.11.2012
	spier- en peesaanhechtingen van de bovenste	tendineuses et les insertions musculaires et	der Muskel- und Sehnenansätze der oberen	
	ledematen veroorzaakt door overbelasting van	tendineuses des membres supérieurs dues à une	Extremitäten verursacht durch Überlastung von	
	deze structuren ingevolge krachtige, repeterende	hypersollicitation de ces structures par des	diesen Strukturen infolge kräftigen repetitiven	
	bewegingen of ingevolge ongunstige houdingen	mouvements nécessitant de la force et présentant	Bewegungen oder infolge ungünstigen Haltungen	
		un caractère répétitif, ou par des postures		
1 /0/ 11	Additional and a second s	défavorables		15 10 100
1.606.41	Afscheuring door overmatige inspanning van doornvormige beenuitsteeksels	Arrachement par surmenage des apophyses épineuses	Abriß der Wirbelfortsätze durch Überlastung	15.10.1989
[1.606.51 Zenuwverlamming door druk		Paralysies de nerfs dues à la pression	Drucklälonungen der Nerven	31.08.1991]
	vervangen door :	remplacé par :	ersetzt durch :	17.11.2001
1.606.51	Aantasting van de zenuwfunctie door druk	Atteinte de la fonction des nerfs due à la pression	Schädigung der Nervenfunction durch Druck	17.11.2002
1.607	Mijnwerkersnystagmus	Nystagmus des mineurs	Nystagmus beim Bergarbeiter	01.07.1965
1.608	Trombose of aneurysma van de arteria ulnaris ter	Thrombose ou anévrisme de l'artère ulnaire au	Thrombose oder Aneurysma der Arteria ulnaris im	28.01.2013
	hoogte van de hypothenar, gepaard gaand met	niveau de l'éminence hypothénar, accompagné(e)	Bereich des Hypothenars, begleitet von einem	
	angioneurotisch syndroom of ischemie,	d'un syndrome angioneurotique ou d'ischémie,	angioneurotischen Syndrom oder Ischämie,	
	veroorzaakt door repeterende slagen met of op	provoqué(e) par une percussion répétitive avec	verursacht durch wiederholte Schläge mit dem	
	de hypothenar (hypothenar-hamer-syndroom)	ou sur l'éminence hypothénar (syndrome du	oder auf den Hypothenar (Hypothenar-Hammer-	
		marteau hypothénar)	Syndrom)	









- Occupational diseases: some important concepts
  - List of occupational diseases (art. 30) as opposed to Open Systeem/Système Ouvert (art. 30bis)









- Occupational diseases: some important concepts
  - List of occupational diseases (art. 30) as opposed to Open Systeem/Système Ouvert (art. 30bis)
  - Notion of "Exposure to an occupational risk" (art. 32)
    - Exposure to a damaging agent
    - Inherently associated with occupational activities
    - Far higher than the exposure of the population in general
    - The exposure is the main cause of the disease <u>in</u> <u>groups of exposed individuals</u>









- Occupational diseases: some important concepts
  - <u>List</u>: Irrefutable legal presumption of causal relation
  - <u>Open Systeem/Système ouvert</u>: The disease must be a direct and determinant consequence of the occupational activities
  - <u>Compensation</u> (in addition to basic health insurance, RIZIV/INAMI):
    - Temporary incapacity to work
    - Permanent incapacity to work
    - Medical/pharmaceutical costs (remgelden)
    - Death
    - Preventive action: stop the exposure to the damaging agent









# **OCCUPATIONAL DISEASE 1.601**

- 1.601 "Diseases caused by ionising radiation"
- 1.601 "Ziekten veroorzaakt door ioniserende stralen"
- 1.601 "Maladies provoquées par les radiations ionisantes"
- Historically: Skin cancers
  Leukemia
  - Bone cancers (- ...)
- From may 15th 2014: Posterior subcapsular cataract (PSC) in interventionist cardiologists and assisting medical personnel



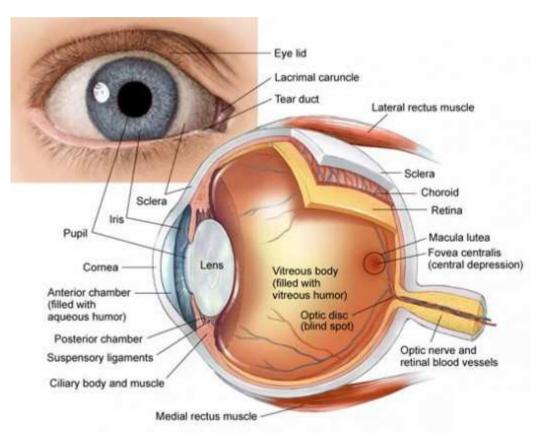






# THE EYE, THE LENS AND THE DIFFERENT TYPES OF CATARACT

• The eye



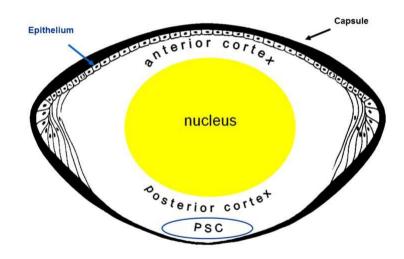






# THE EYE, THE LENS AND THE DIFFERENT TYPES OF CATARACT

• The lens











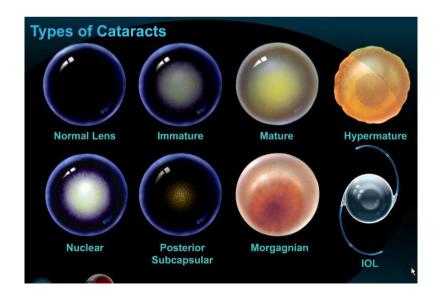
# THE EYE, THE LENS AND THE DIFFERENT TYPES OF CATARACT

Cataract





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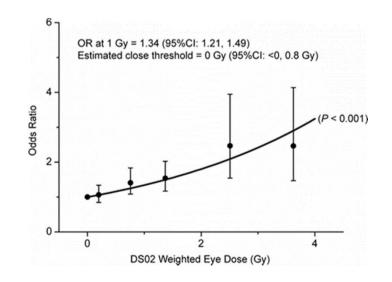






(Based on the work of prof. Hubert Thierens from the Dpt of Basic Medical Sciences, research group Medical Physics, at the University of Ghent, presented to the Scientific Council of the FOD on May 15th 2014)

- 1. Atomic bomb survivors Hiroshima & Nagasaki
  - PSC and to a lesser extent cortical cataract 55 y after exposure is significantly and dose-dependently associated with exposure
  - Number of lens extractions vs radiation dose:











#### 2. <u>Medical X-ray radiation</u>

Radiation for haemangioma (at 5 months) and PSC cataract > 30 y later:

OR 1 Gy: 1,49 (p<0,05)

• Beaver Dam Eye Study (diagnostical X-ray exposure):

<u>PSC cataract</u>: OR 1,45 (p<0,05) for a history of CT-scan of the head









## 3. <u>Chernobyl liquidators</u>

• Cohort study of 8600 workers seen 12 to 14 years after cleaning work in Chernobyl in 1986

PSC cataract: OR 1 Gy: 1,70 (p<0,05)

- 4. <u>Astronauts</u>
  - PSC cataract: RR lensdosis >8 mSv: 5,8 (p<0,05)</p>
  - <u>PSC cataract</u>: OR for NASA astronauts vs ground personel: 2,23 (p<0,05)</li>









## 5. Interventionist cardiologists and assisting personnel

- 2 case-control studies in 2010 found a significant increase in prevalence of PSC in cardiologist and RX personnel versus the control groups
- 1 large cohort study in the US (1983-2004) in 35700 radiologists found a RR of 3 per 1 Gy lensdosis (no distinction between the different cataract subtypes)









### 5. Interventionist cardiologists and assisting personnel

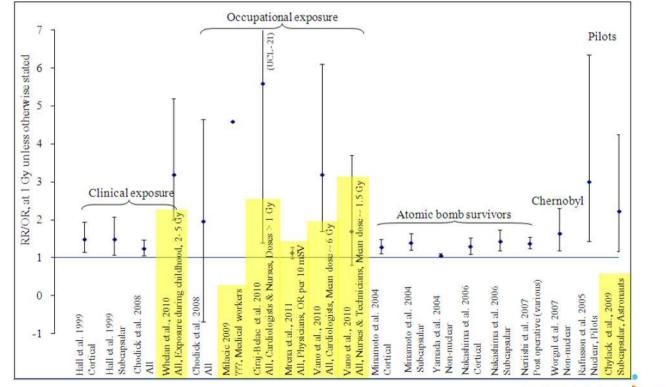
- O'CLOC cross-sectional study in France in 106 cardiologists vs 99 controls, published in 2013
  - Nuclear and cortical cataract: no difference
  - <u>PSC cataract</u>: OR 3,85 (p<0,05)
  - Dose-dependency: <17y: OR = 1,88</p>
    - 17-25y: OR = 3,92
    - >25y: OR = 5,94







#### 6. In summary



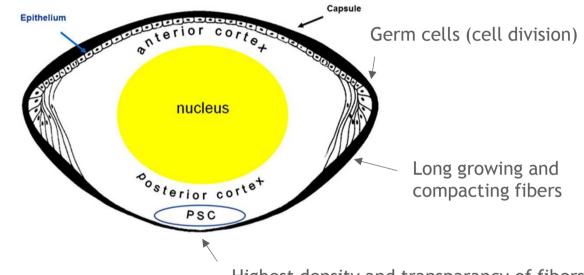
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# **BIOPHYSICS OF RADIATION-INDUCED CATARACT**



Highest density and transparancy of fibers

• DNA damage due to ionising radiation is involved in the generation of PSC: higher susceptibility to PSC of people carrying DNA repair deficient genotypes (*Atm*, *Rad9* and *Brca1* deficiencies)









# DIAGNOSTICAL AND EXPOSURE CRITERIA FOR THE RECOGNITION OF POSTERIOR SUBCAPSULAR CATARACT AS AN OCCUPATIONAL DISEASE (MAY 2014)

- Posterior SubCapsular (PSC) cataract
- Interventionist cardiologists (coronary angiography and PTCA) and assisting medical personel
- At least 10 years full-time activity









# Thank you for your attention

